

**SERVING SIZES**  
 Grains – 2 ounces  
 Vegetables – ½ cup  
 Fruits – ½ cup  
 Protein – 3 ounces  
 Dairy – 1 cup

# April 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>WW=Whole Wheat</p>	<p><b>Bread &amp; Milk Served Daily</b></p>	<p>1 Mushroom barley soup Spanish beef Rice pilaf Corn w/ diced tomato Sliced melon</p>	<p>2 Tomato rice soup Baked ham w/ raisin sauce Green bean almondine Sweet potatoes Tropical Fruit</p>	<p>3 Mediterranean lentil soup Potato crusted baked fish Broccoli &amp; tortellini salad Sweet peas Sliced apples</p>
<p>6 Escarole &amp; bean soup Chicken parm Roasted potatoes Roasted vegetables Sliced peaches</p>	<p>7 Minestrone soup Lasagna roll up w/ meat sauce Roasted zucchini and tomatoes Watermelon</p>	<p>8 Chicken soup Sloppy Joe Cole slaw Mixed vegetables Mixed fruit</p>	<p>9 Vegetable lentil soup Pork roast w/ gravy Mashed potatoes Roasted vegetables Sliced Pears</p>	<p>10 Tuscan white bean soup Pub burger w/ cheese 3 bean salad Pasta salad Sliced apples</p>
<p>13 Vegetable soup Chicken French stew Mashed potatoes Green beans Sliced peaches</p>	<p>14 Chicken escarole soup Meatball sandwich Roasted vegetables Roasted sweet potatoes Sliced Apples</p>	<p>15 Vegetable barley soup Baked chicken topped w/ Eggplant bolognese Mediterranean rice Watermelon</p>	<p>16 Corn chowder Pork loin w/tom, peppers onion Mashed sweet potatoes Roasted carrots Pears</p>	<p>17 Tuscan soup Chicken cacciatore Roasted zucchini mix Rice pilaf Peaches</p>
<p>20 Minestrone soup Chicken marsala Rice pilaf Mixed vegetables Fruit cocktail</p>	<p>21 Vegetable barley soup Swedish meatballs Mashed potatoes Wax beans Tropical Fruit</p>	<p>22 Tomato soup Pepper steak w/ gravy White rice w/green onions Roasted vegetables Sliced peaches</p>	<p>23 Chicken &amp; rice soup Stuffed meatloaf w/ gravy Mashed potatoes Buttered corn Sliced Melon</p>	<p>24 Lentil vegetable soup Baked pasta w/ meatballs &amp; Sausage Roasted vegetables Sliced pears</p>
<p>27 Chicken escarole soup Sausage &amp; peppers sandwich 3-bean salad Pasta salad Sliced melon</p>	<p>28 Tuscan vegetable soup Oven roasted chicken Rice pilaf Roasted vegetables Tropical fruit</p>	<p>29 Split pea soup Pork chops w/ mushroom sauce Roasted rosemary root Vegetables w/potatoes Watermelon</p>	<p>30 Minestrone soup Sautéed beef w gravy Creamy parmesan rice Baby carrots w/ honey herb butter Sliced Apples</p>	